



*Redelia E. Fowler*

**AUTHOR SPEAKER MENTOR  
CERTIFIED BEHAVIORAL  
CONSULTANT**

[www.ladyredelia.com](http://www.ladyredelia.com)

"Redelia is powerfully enlightening. Her books and mentoring program truly allow women to be free to live authentically. She has the ability to connect with her audience in a way that moves them to action and self-reflection."

-Dr. Donna Marie Hunter-  
Talk Show Host "Grace & Space"  
International Best-Selling Author

## CONNECT



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Redelia E. Fowler is the Founder of Woman by Design Mentoring Circle. She helps individuals discover their core strengths, increase self-awareness, and develop a spiritual and personal growth plan. She is an author, speaker, licensed minister, and women's empowerment mentor.

As a certified behavioral consultant, Redelia is able to effectively apply methods to help her clients improve communication skills, reduce conflict, and identify more rewarding paths in their career, ministry, and entrepreneurial endeavors. They also experience renewed optimism in their personal and family lives. Redelia's candor and straightforward approach to personal growth and accountability are what set her apart.

## *Speaking Topics*

- Managing Expectations
- The Power of Awareness
- From Pain to Power
- I'm Worth It!



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